### OhioGuidestone

# Serving the Whole Child QUICK GUIDE TO THE SPECTRUM OF AVAILABLE SERVICES FOR STUDENTS AND FAMILIES

### Early Childhood Mental Health

OhioGuidestone is one of the state's leading providers of Early Childhood Mental Health Services. Our programming works with children, from birth to age six, who are struggling with emotional or behavioral difficulties, either in the home or in the community. Our therapists work with parents, teachers, counselors and other professionals to offer the best treatment options and address healthy ways to raise and nurture a child to lead them to success.

Education and training is based on the Nurturing Parenting curriculum that helps families learn positive parenting skills, improve communication skills, or reunite after a separation.

### **School-Based Services**

Our School Services program works with children and adolescents to provide mental health and other support services in the school environment, family home or a community setting. Innovative programming is custom designed to meet the needs of each school and can include individual, group, parent and family services.

Our mental health professionals provide behavioral health assistance within the school setting, allowing them the opportunity to consult with teachers and other school professionals to help track the client's progress. Our counselors also maintain connections with parents and families to help keep the families connected to the child's academic environment. A variety of counseling services are available based on the needs of the client and family.

### Adult Services & Co-Occurring **Substance Abuse Treatment**

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WHERE NEW PATHS BEEN

OhioGuidestone's unique, home-based counseling services offer intervention for families who need intensive child, youth, adult or family counseling, delivered in the family home. Our counselors work with individuals on a wide range of concerns including mental health issues, family communication, anger management, parent-child conflict, behavioral problems, alcohol and drug addiction, effective parenting, and more.

Our integrated treatment service works with individuals to overcome cooccurring substance abuse and mental/behavioral health problems. Our therapists and other service providers are trained in both mental health and chemical dependency.

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WHERE NEW PATHS BEGIN

# School-Based Services

### Individual Counseling & Case Management:

Provide Individual & Family sessions in School, Home & Community. Frequent communication with parents, school professionals and outside supports. Additional parenting support is available through Relational Skill Building services.

### **Consultation & Prevention Support:**

Mental health and trauma specific prevention groups, to enhance social-emotional competencies as a preventative effort to improve socialization skills, the school environment, and academic performance. Crisis Response Team is also available if needed.

### **OhioGuidestone Educational Enhancement:**

Professional development trainings are available upon request. Example trainings available include: Trauma Informed School Environments, Suicide Prevention, Adverse Childhood Experiences, and many more.

For more information on School Services: Please contact Jane Wood at 216-513-8073

### LICENSED SOCIAL WORKERS & COUNSELORS

Clinical Therapists support the child's thinking, emotional or behaviors skills, and insight into symptoms and functioning. Therapists goal is to help the child understand their internal needs and connecting to their thoughts, feelings, choices and decisions.

Clinical Therapists provide comprehensive mental health assessment, individual and family counseling to children and their families, including group therapy, play therapy, parent guidance, referral information and advocacy as needed. Clinical Therapists complete thorough Diagnostic Evaluations and are able to clinically diagnose and develop Treatment Plan for each client.

Clinical Therapists at OhioGuidestone have the unique opportunity to work with clients both in the school and in the home.

## Wraparound Services

Wraparound follows a strengths-based, Trauma-Informed, needs-driven approach. The intent is to build on individual and family strengths to help families achieve positive goals and improve wellbeing. Wraparound is also a team-driven process.



### COMMUNITY MENTAL HEALTH WORKERS

Our Community Mental Health Workers (CMHW) provide support and treatment that works to improve child behaviors, skill development, daily skills enhancement, and problem solving skills.

The Community Mental Health Worker develops a working relationship with each child to help them develop insight into themselves and their relationships. The CMHW provides cognitive-behavioral interventions to assist individuals struggling with a range of issues related to their emotional and behavioral health, such as relationship and family issues, substance use and addiction, difficulty coping with stress, and grief and loss issues.

Community Mental Health Workers have the unique opportunity to work with clients both in the school and in the home.